


September 2023

Clearfield County

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Low Fat 2% Milk Served Every Day.				1 Ravioli Marinara Diced Carrots Baby Lima Beans White Bread w/Margarine Pineapple Tidbits Frozen Meal Delivered for Monday
4 LABOR DAY HOLIDAY No Hot Meal Deliveries	5 Polish Sausage Buttered Potatoes Green Beans White Bread w/ Margarine Diced Pears	6 Breaded Pollock w/Tartar Sauce Jasmine Rice Peas Wheat Bread w/ Margarine Diced Peaches	7 Chicken Cordon Bleu Steamed Rice Capri Vegetable Blend Wheat Bread w/ Margarine Blueberry Muffin	8 Cubed Steak w/ Gravy Mashed Potatoes Diced Carrots Dinner Roll w/Margarine Vanilla Pudding
11 Sweet Italian Sausage Buttered Bowties Italian Vegetables Hot Dog Bun Chocolate Pudding	12 Country Fried Steak Mashed Potatoes Green Beans White Bread w/ Margarine Diced Peaches	13 Chicken Parmesan Parslied Potatoes Capri Vegetable Blend Wheat Bread w/ Margarine Diced Pears	14 Roast Turkey w/ Gravy Mashed Potatoes Steamed Corn Dinner Roll w/Margarine Vanilla Pudding	15 Spaghetti Marinara Italian Meatballs Italian Vegetable Blend White Bread w/ Margarine Chocolate Chip Cookie
18 Pierogies w/ Buttered Onions Sauerkraut Sliced Beets Wheat Bread w/ Margarine Applesauce	19 Baked Ziti w/ Sausage Italian Vegetable Blend Diced Carrots Dinner Roll w/ Margarine Diced Peaches	20 Baked Chicken Tenders Tater Tots Peas White Bread w/ Margarine Banana Pudding	21 Baked Ham Sweet Potatoes Green Beans Wheat Bread w/ Margarine Sugar Cookie	22 Chili Mac Casserole Diced Carrots Baby Lima Beans Corn Bread w/Margarine Vanilla Pudding
25 BBQ Chicken Breast Mashed Potatoes Buttered Corn Wheat Bread w/ Margarine Banana Muffin	26 Swedish Meatballs Buttered Pasta Diced Carrots White Bread w/ Margarine Diced Pears	27 Mac & Cheese Stewed Tomatoes Peas Dinner Roll w/Margarine Mandarin Oranges	28 Hot Dog w/Condiments Tater Tots Baked Beans Hot Dog Bun Carnival Cookie	29 Meatloaf w/ Gravy Mashed Potatoes Steamed Corn Dinner Roll w/Margarine Tapioca Pudding


 If you are planning to go out, please call us and let us know so we can stop your meal for the day. 814-765-2696 or 1-800-225-8571.
 