

# December 2022

Clearfield County

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |  |
|--|---|--|---|---|--|
| <b>Low-fat 2% Milk Served with Lunch Every Day</b> | All Area Agency on Aging offices and Centers for Active Living will be closed Friday & Monday, December 23 & 26 to observe the Christmas Holiday. |  | 1<br>Macaroni and Cheese<br>Stewed Tomatoes<br>Peas<br>Sweet Yeast Roll<br>Applesauce                                   | 2<br>Country Steak w/ Gravy<br>Parslied Red Potatoes<br>Whole Kernel Corn<br>White Bread w/ Margarine<br>Mandarin Oranges |  |
|  | 5<br>Pierogies w/ Buttered Onions<br>Sauerkraut<br>Diced Beets<br>White Bread w/ Margarine<br>Pineapple Chunks                                    | 6<br>Polish Sausage w/Onions<br>Steamed Potatoes<br>Diced Carrots<br>Hoagie Roll<br>Vanilla Pudding      | 7<br>Breaded Pollock w/Tartar Sauce<br>Rice Pilaf<br>Capri Vegetable Blend<br>Dinner Roll w/ Margarine<br>Diced Peaches | 8<br>Chicken Barley Stew<br>Pasta w/ Garlic Butter<br>Lima Beans<br>Wheat Bread w/ Margarine<br>Chocolate Pudding         | 9<br>Beef Lasagna<br>Italian Vegetable Blend<br>Cannellini Beans<br>Breadsticks<br>Fruit Salad   |
|  | 12<br>Breaded Chicken Breast<br>Sweet Potatoes<br>California Vegetable Blend<br>White Bread w/ Margarine<br>Banana Pudding                        | 13<br>Stuffed Cabbage Rolls<br>Mashed Potatoes<br>Green Beans<br>Split Top Roll<br>Oatmeal Raisin Cookie | 14<br>Chicken Cordon Bleu<br>Buttered Pasta<br>Peas<br>Wheat Bread w/ Margarine<br>Diced Pears                          | 15<br>Meatloaf w/ Gravy<br>Mashed Potatoes<br>Whole Kernel Corn<br>White Bread w/ Margarine<br>Chocolate Pudding          | 16<br>Deluxe Hamburger<br>French Fries<br>Baked Beans<br>Hamburger Bun<br>Chocolate Chip Cookie  |
|  | 19<br>Italian Sausage Sub<br>Penne Pasta Marinara<br>Italian Vegetable Blend<br>Hoagie Roll<br>Butterscotch Pudding                               | 20<br>Smothered Pork Chop<br>Mashed Potatoes<br>Capri Vegetable Blend<br>Split Top Roll<br>Diced Peaches | 21<br>Baked Chicken Tenders<br>Tater Tot<br>Whole Kernel Corn<br>Dinner Roll w/Margarine<br>Mandarin Oranges            | 22<br>Country Style Ribs<br>Roasted Potatoes<br>Diced Carrots<br>White Bread w/ Margarine<br>Pineapple Chunks             | 23<br>Closed for Christmas<br>No Hot Meal Deliveries<br><br>Frozen meals for today will be delivered with your hot meal on Thursday - 12/22. |
|  | 26<br>Closed for Christmas<br>No Hot Meal Deliveries<br><br>Frozen meals for today will be delivered with your hot meal on Thursday - 12/22.      | 27<br>Hot Dog w/ Condiments<br>French Fries<br>Peas and Carrots<br>Hot Dog Bun<br>Diced Peaches          | 28<br>Beef Stew<br>Buttered Parsley Potatoes<br>Brussels Sprouts<br>Wheat Roll w/ Margarine<br>Lemon Pudding            | 29<br>Baked Ham w/ Pineapple<br>Sweet Potatoes<br>Harvard Beets<br>Wheat Bread w/ Margarine<br>Fruit Salad                | 30<br>Spaghetti and Meatballs<br>Green Beans<br>Breadsticks<br>Carnival Cookies  |



If you are planning to go out, please call us and let us know so we can stop your meal for the day. 814-765-2696 or 1-800-225-8571.

