

What is CCLI?

The Mature Resources Area Agency on Aging, Inc., in collaboration with Lock Haven University Clearfield, is pleased to offer a great educational opportunity for adult residents of Clearfield County.

Together, the Agency and LHU Clearfield have established the Clearfield Community Lifelong Learning Institute. Courses are geared towards the interests of the baby boomers and older citizens. Typical sessions will last approximately 90 minutes and will be taught primarily by Lock Haven University faculty and community individuals with specific expertise. All programs are free, or very low cost for supplies, etc.



New courses will be added throughout the year. Enroll in the Clearfield Community Lifelong Learning Institute and receive information on these courses, class dates and times, and more!

PLEASE NOTE:

All sessions held at the LHU Clearfield Campus will be located in **Room A131** of the Academic building unless otherwise noted.

Mature Resources
Area Agency on Aging
600 Cooper Road
Curwensville PA 16833

CLEARFIELD COMMUNITY LIFELONG LEARNING INSTITUTE



Visit www.ccaaa.net and click on the "Clearfield Community Lifelong Learning Institute" Link for additional information.

To be added to our mailing list, please call 814-765-2696.

All attendees must be registered to attend any of the classes. Please remember to call 814-765-2696 to register.

2023 Upcoming Programs

Liddle Gallery
Tuesday, September 12, 2023
1:00 PM - 2:30 PM

Come to the Clearfield Campus and put your artistic ability to good use while painting a beautiful decorative pumpkin to usher in the fall season! (8" x 10" Acrylic)

Limited to 20 participants!
Price per person: \$10



Director/Owner: Jody Grumblatt
Local Artist

Lock Haven University:
The First 100 Years, 1870 - 1970
Tuesday, September 26, 2023
1:00 PM - 2:30 PM

Mr. Joby Topper, the LHU Library Director, will talk about the first hundred years of Lock Haven University's history, 1870-1970. He will discuss major milestones in the development of LHU from its origin as a State Normal School for the training of public school teachers to its expansion during the 1960s into the liberal arts and sciences. Topper's great-grandmother, Laura Hassinger, graduated with the State Normal School class of 1891. His slideshow will include many old photographs of students and campus.

Presenter: Mr. Joby Topper
Library Director
Commonwealth University - Lock Haven
Campus

Population Aging and the Adult Life
Course
Tuesday, October 10, 2023
1:00 PM - 2:30 PM

Throughout much of the world, the fastest growing populations are those aged 65 and above. In this presentation, we will look at the societal impact that population aging and a longer life-expectancy is having globally as well as in the United States. Population aging has influenced broad social and economic change leading to new challenges as well as opportunities. We will examine changes in the traditional adult life course path, such as marriage, family, health, education, work, and living environments.

Presenter: Dr Jamie Foor
Assistant Professor
Psychology Department
Commonwealth University - Clearfield
Campus

Playing it Safe Online
Tuesday, October 24, 2023
2:30 PM - 4:00 PM

This presentation will cover threats and ways to be safe while online. We will look at internet tracking, malware, social engineering, phishing, cybersecurity software, 2-factor authentication, browser security settings, VPNs, and best practices to stay safe.

Presenter: Dr. Peter Huegler
Assistant Professor
Mathematics, Computer Science,
and Digital Forensics
Commonwealth University - Clearfield
Campus

Estate Planning:
What Every Senior Should Know and Do
Tuesday, November 7, 2023
1:00 PM - 2:30 PM

Mr. Kesner, whose legal career spanned 45 years, will provide practical advice on pre and post death planning as well as debunk certain myths and misconceptions as well as pitfalls seniors too often befall.

Presenter: Mr. Kim Kesner

More Myths and Facts Regarding
Crime and Criminal Justice
Tuesday, November 21, 2023
1:00 PM - 2:30 PM

This presentation is the continuation of an earlier program which explored some of the common misconceptions regarding crime and criminal justice. Between popular crime dramas (e.g., NCIS), news headlines, and political campaigns, many believe they have a full understanding regarding what takes place in the criminal justice system and those who violate the law. Truth is, the majority of information that one is exposed to from these sources is false. Topics such as police corruption, criminal culpability, capital punishment, and criminal justice careers will be explored. It is hoped that after this informative presentation, the participants leave with a better understanding of this complex system that impacts our daily lives in one way or another.

Presenter: Dr. Michael J. McSkimming
Associate Professor
Criminal Justice, Anthropology, &
Sociology
Commonwealth University - Clearfield
Campus

What is Family Recovery and
Why is it Important?
Tuesday, December 5, 2023
1:00 PM - 2:30 PM

There's no question we face a drug epidemic in our country and community like never before. Many families have been greatly impacted by Substance Use Disorder (SUD), and, unfortunately, this disease does not discriminate. This program will define the disease of addiction and explore aspects of recovery, but especially dive into the important role family members play in their loved ones' motivation for change and continued wellness. Family members impacted by a loved one's SUD did not cause it, can't change it, can't cure it and definitely can't control it, but CAN make changes in their own lives to better help their loved one toward a decision for recovery and regain peace in their own lives

Presenter: Ms. Bobbie McBurney-Johnston
Director of Development & Planning
Mature Resources Area Agency on Aging
Susquehanna Wellness Clinic
Village of Hope