

*A publication of the Clearfield County  
Area Agency on Aging, Inc. and the  
Mature Resources Foundation*



## ***From the CEO...***



From the CEO:

As of November 21, 2022, our 45<sup>th</sup> anniversary is behind us. Looking to the future, and appreciating the past, we ask ourselves, what now?

As far as we have gone, as much as we have served, there is so much more yet to do, so much more we can do.

The fastest growing segment of our elderly population is the age group 85 and over. Between the 1990 and the 2000 census, those age 85 and over increased in our county by almost 48%! With that level of growth, what we must do now is think about the growing needs of a growing elderly population. We must work now to meet their present needs and we must plan so that we can be prepared to meet their increasing needs, whether that is in their own homes or in another caring environment.

The challenges we have encountered over the last 45 years have really been opportunities—to serve, to serve more, to serve better. But the future holds the same exciting opportunities and now is the time to ready ourselves for increased service and to look for new ways to provide it.

Thank you for your support and for your partnership over these last 4 ½ decades. Commit with us as we step out into another year in this mission of service, serving those who need us most.

Happy Holidays! Stay active.

Kathy Gillespie, CEO

## **Have an IRA?**

Would you like to gift to a qualified charity, tax free? If you make donations and are subject to required minimum distributions (RMD) rules for your IRA, gifting some of your RMD income using the qualified charitable distribution will count toward satisfying your RMD, and neither you nor the charity will have to pay income taxes.

Call 814-765-2696

for more information on giving to the  
Mature Resources Area Agency on Aging.



**Completed home at the Village of Hope.**



**The ladies who attend the Adult Day Center in Clearfield were treated to a spa day in November. Care aide Toni Ingram exercised her skills as a beautician to pamper Doris Kolbe, Marilyn Mayersky, and Josephine Calapa.**



**Seniors who have birthdays in September celebrating a collective birthday party at the Coalport Center for Active Living.**

# Area Agency on Aging named Major Employer of the Year by Clearfield Chamber



CLEARFIELD, Pa. – Leadership at the Clearfield County Area Agency on Aging, a Division of Mature Resources, is pleased and grateful to announce that the agency has earned the Major Employer of the Year Award from the Greater Clearfield Chamber of Commerce. CEO Kathleen Gillespie and Dr. Jessica Ayres of the Susquehanna Wellness clinic accepted the award at the chamber's banquet on October 19.

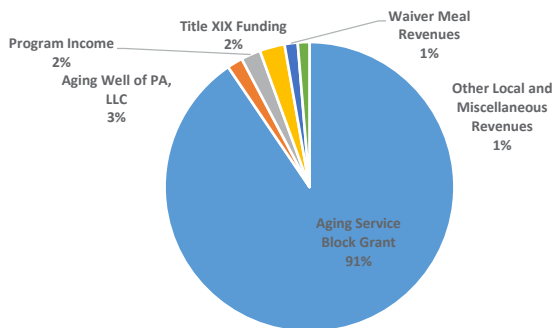
To be nominated for the Major Employer of the Year Award, an organization must employ more than 50 people in Clearfield County and demonstrate significant support for members of the community, as well as the Chamber of Commerce and other chamber members.

This year, the agency celebrated its 45th anniversary. They support the chamber by supporting other chamber members – frequently utilizing products and services from other local business for everything from medical supplies, to office supplies, to maintenance on their fleet of vehicles used for delivering Meals on Wheels, and much more. Administrators at the agency also often collaborate with the chamber to organize community events.

The agency supports the community in a wide variety of ways. We provide a full spectrum of adult medical care at the Susquehanna Wellness Clinic. We provide affordable senior housing at the Dimeling Senior Residence, through shared housing options, and the Village of Hope in West Decatur. The agency also provides nutritious meals to individuals in Clearfield County who find travel difficult, with Meals on Wheels drivers delivering 750 meals each day. The innovative Adult Day Center provides care for people who need assistance during the day while their families are at work, school, or taking care of other responsibilities. And the Centers for Active Living provide a place for seniors to socialize and participate in fun and stimulating activities.

## SUMMARY OF INCOME 2021-22

Aging Service Block Grant	\$ 5,180,929.00	90.51%
Title XIX Funding	\$ 99,853.00	1.74%
Program Income	\$ 124,902.00	2.18%
Aging Well of PA, LLC	\$ 160,035.00	2.80%
Waiver Meal Revenues	\$ 83,699.00	1.46%
Other Local and Miscellaneous Revenues	\$ 74,478.00	1.30%
	<u>\$ 5,723,896.00</u>	



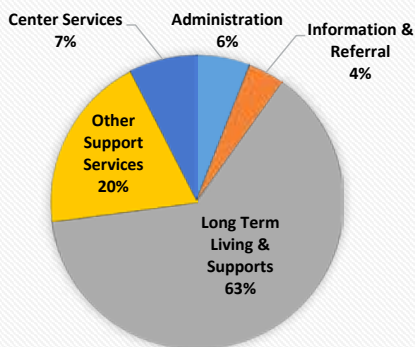
### FAST FACTS

- In Fiscal Year 2021-22
- 1196 individuals received a total of 182,381 meals
  - 906 Functional Eligible Determination Assessments were completed
  - 49,760 hours of Personal Care were provided
  - 569 Reports of Need for Protective Services were received
  - Adult Day Care Services Started in April 2022 with 23 visits

## SUMMARY OF EXPENSES 2021-22

Administration	\$ 334,251.00
Information & Referral	\$ 230,573.00
Long Term Living & Supports	\$ 3,606,984.00
Other Support Services	\$ 1,124,061.00
Center Services	\$ 428,027.00
	<u>\$ 5,723,896.00</u>

### % of Costs



### Legend

- Information & Referral**
  - Information & Referral
  - Apprise
- Long Term Living & Supports**
  - Home Delivered Meals
  - Personal Care
  - Med Box/PERS
  - Assessments
  - Care Management
- Other Support Services**
  - Volunteer Services
  - Transportation
  - Ombudsman
  - Protective Services
  - Guardianship
  - CSP Reimbursements
- Center Services**
  - Congregate Meals
  - Socialization and Recreation
  - Health & Wellness

## Anne S. Thacik Charity Auction nets over \$28.6k for area senior services

CLEARFIELD, Pa. – The numbers have come in, and the 27th Annual Anne S. Thacik Charity Auction, held on October 13, 2022, at the Copper Cork Event Center in Clearfield, raised over \$28,600 to support vital services for senior citizens in Clearfield County.

The night saw live, and silent auctions take center stage, with items donated by local individuals and businesses up for bid, and local auctioneers Pat Errigo and Stephanie Tarbay taking the helm.

Refreshments were provided, with food donated by Morrison Living, who produces meals delivered to the AAA's Meals on Wheels consumers.

The 27th Annual Anne S. Thacik Charity Auction was made possible, in part, by Silver Sponsors Alice Pezorski, Jane Lee Yare, Mid Penn Bank, and Encompass Health Nittany Valley.



Emcee Matt Day, as well as Auctioneers Stephanie Tarbay and Pat Errigo, kept the crowd entertained at the 27th Annual Anne S. Thacik Charity Auction.



## Meals on Wheels kitchen staff gets five-star review

The culinary team that prepares Meals on Wheels for Mature Resources Clearfield County Area Agency on Aging consumers is truly a five-star crew. In addition to surpassing requirements for mandatory state health inspections, an independent health and safety inspector has also given the staff and the kitchen a five-star review, the highest rating available, and the very first one awarded to any kitchen within their company's service region.

The AAA contracts with Morrison Living, an international food service provider, to supply the meals for Meals on Wheels and More. The six-person crew works in a kitchen located at the AAA's Curwensville Office preparing hand-made meals from fresh ingredients each day for up to 800 Meals on Wheels consumers. The independent, third-party inspection was performed by UL Everclean Food Safety and Hygiene Solutions in September. Chef Michael Finch, who oversees the Curwensville kitchen, explained, "State health inspections are required, but these independent inspections are not. Morrison takes it upon themselves to have these inspections done because the company takes sanitation, food safety, and the health of our clients very seriously."

Finch said his regional vice president told him this is the very first five-star inspection they've ever had out of 18 sites in the region.

Finch said he builds menus for the program by the month, and orders fresh ingredients weekly, providing quality, nutritional meals for consumers. He said his kitchen is unique in that it supplies a Meals on Wheels program, where most of Morrison Living's sites serve plated meals in a cafeteria setting at places like assisted living communities. So, not only are the meals prepared fresh, they also must be packaged and sealed, a task staff completes with an Oliver machine. The specialized piece of equipment seals the food in disposable trays with a protective and sanitary plastic barrier, so that they can be safely transported by Meals on Wheels drivers who keep the food warm with dedicated mobile ovens in their vans.

In all, the inspection covered 60 specific categories going far beyond sanitation, and measuring compliance on safety regulations like non-slip flooring, safely secured storage shelving, and assuring there is a

properly functioning eye-wash station. The kitchen met or exceeded expectations in every category.



**Kitchen Staff.**



With the celebration of our 45th year, we announce that the Clearfield County Area Agency on Aging is now the Mature Resources Area Agency on Aging. Mature Resources will now encompass the AAA, the Susquehanna Wellness Clinic, and the Village of Hope as divisions of the overall organization. This rebranding is the result

of a year-long process of determining that Mature Resources more accurately represents the evolving diversity of the highest quality health and human services offered to older residents of Clearfield County by our private 501 (c) (3) charitable organization.



## AREA AGENCY ON AGING SERVICES

### Intake and Referral

Intake and referral specialists have knowledge of a wide array of community resources and can explain how to apply for them.

### Person Centered Counseling

Person centered counseling provides critical connections to resources for individuals in the community. Trained resource counselors assist individuals in accessing public, private, Federal, State, and local resources regardless of age, ability and income level.

### Caregiver Support Program

The caregiver support program provides support for those who are caring for an older adult, or for grandparents who are raising grandchildren.

### Navigation Services

Navigation services can guide you and your family through confusing and at times overwhelming world of elder and health care. This is accomplished through expert staff and information to navigate through these systems and provide support when you need it most.

### Transportation Reimbursement

If you are age 65 or over and travel using the Area Transportation Authority (ATA) CCAAA can reimburse some of your cost. Call ATA (800) 252-3503 for additional information.

### Care Management

Care managers have knowledge of local, State and Federal programs that can provide needed in home support. Using comprehensive assessments and person centered care planning, care managers work with older adults to create a personalized plan for the future.

### Care Transitions

Care transitions is designed to make sure you have the support you need after you leave the hospital, rehabilitation center and nursing or personal care facilities. Through a 30 day program a transitions coach works with older adults to identify triggers, warning signs, gaps in care and other needs to help reduce re-admission rates. You want to stay home, and we want to help you do that.

### Evidence Based Programs

Evidence based programs have been shown to have positive impacts on health outcomes. Clearfield County Area Agency on Aging Inc. is proud to offer a variety of evidence based programs including Healthy IDEAS, Diabetes Self Management, Chronic Pain Self Management and A Matter of Balance to our community.

### Adult Day Center

Adult Day Services (ADS) are designed especially for older adults who want to remain in their community but who cannot be home alone during the day due to physical, social, and/or mental limitations.

### Protective Services

Protective services investigators are available 24 hours a day 365 days a year to receive and investigate reports of abuse, neglect and exploitation. Anonymous reports of suspected elder abuse can be made to: 1-800-233-0249

### Ombudsman

Residents of personal care and nursing facilities can get help resolving problems, learn about resident rights and participate in programs with peers through contacting a long term care Ombudsman.

### Home Delivered Meals

Meals are delivered to over 700 residents of Clearfield County daily. Home delivered meals participants benefit from a nutritious meal and interaction with a home delivered meal driver. During winter months shelf stable meals are delivered in case of unsafe roads that interfere with meal delivery.

### PA MEDI

Specially trained volunteers provide information, counseling and assistance for all types of health insurance questions. Tele-appointments are available through the State wide hotline at 1-800-783-7067. Appointments can also be made for in person meetings by calling 814-765-2696.

## Contact us for additional information! (814) 765-2696

### Centers for Active Living

Centers for Active Living are located across Clearfield County. In addition to nutritious meals, Centers for Active Living provide educational programs, recreational activities and evidence based health and wellness activities.

#### Clearfield Center for Active Living

103 N Front St. Rear, Clearfield  
814-765-9319

#### Coalport Center for Active Living

961 Forest St., Coalport 814-672-3574

#### Kylertown Center for Active Living

70 Senior Drive, Kylertown 814-345-6338

#### Mahaffey Center for Active Living

958 Market St., Mahaffey 814-277-4544

#### Parkside Community Center

120 W. Park Ave, DuBois 814-371-4000

#### Houtzdale Family Service Center

40 Terrace Drive, Houtzdale  
814-378-5120

Checks for all fundraisers can be made payable, and mailed to:

Clearfield County Area Agency on Aging, Inc., 600 Cooper Rd, Curwensville, PA 16833

## 2022 Blizzard Box Project Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State & Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Name as you wish it to appear on Blizzard Box Label: \_\_\_\_\_

Number of boxes you wish to purchase \_\_\_\_\_ x \$10.00 each = \_\_\_\_\_

**Please help by sending your check, along with this form (Please note on memo line: "Blizzard Box")**

*Help us reach our  
goal of \$25,000!*

**BLIZZARDBOX Project**

**40th Campaign**  
1983-2022



## 2022 Tree of Stars



Be someone's "star" today by helping support senior citizens in greatest need in our community. Give a gift in Memory or Honor of a loved one. Every donation is dedicated toward services to the local Elderly and will be displayed on our "Tree of Stars" located in Clearfield at 116 South Second Street.



Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State & Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_



**Circle One:** In Memory of / In Honor of: \_\_\_\_\_

**Send Acknowledgement to:** \_\_\_\_\_

**Please help by sending your check, along with this form (Please note on memo line: "TOS")**

## GIVING TREE

**JOIN CLEARFIELD BOROUGH POLICE & CLEARFIELD COUNTY AREA AGENCY ON AGING IN SPREADING SOME CHEER TO OUR LOCAL ELDERLY & GRANDCHILDREN OF GRANDPARENTS RAISING THEM!**

**Come take a tag from the tree and fulfill a Christmas Wish!**

**STARTING NOVEMBER 21ST THROUGH DECEMBER 10TH, PICK UP YOUR TAG, BUY AND WRAP THE GIFTS, AND RETURN TO THE TREE LOCATIONS, CCAAA OFFICES in Clearfield or Curwensville, OR THE CLEARFIELD BOROUGH POLICE STATION.**

**DON'T FORGET TO INCLUDE THE TAG WITH THE GIFT.**



### TREE LOCATIONS:

**FAMILY DOLLAR STORE IN CLEARFIELD  
SPANKY'S COURTHOUSE CAFE IN CLEARFIELD  
SHAW PUBLIC LIBRARY IN CLEARFIELD  
SOUTH SIDE SUBS IN CURWENSVILLE  
LEYO'S SUPERMARKET IN COALPORT**



Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State & Zip: \_\_\_\_\_

**To make a fuel donation, checks can be made payable to: The Giving Tree and mail to CCAAA's Curwensville address.**

The Clearfield County Area Agency on Aging, Inc. and Mature Resources Foundation are registered as charitable organizations with the Pennsylvania Department of State. A copy of the official registration and financial information may be obtained from the Pennsylvania Department of State by calling toll free within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.

# REFLECTIONS SPOTLIGHT

(As told by Joan Bracco)



As an employee of the Mature Resources Area Agency on Aging, A Division of Mature Resources, and having a column in our seasonal newsletter, Life Span, I have been given permission to veer from my usual "Spotlight" interview with a deserving person, to my recollections & reflections of the past year, 2022, in my estimation a banner year for our organization and especially for those we serve.

As always, most of our consumers are aware of our home delivered program, Meals on Wheels & More. Chef Michael and his team produce on average of 750 wonderful meals per day and our drivers deliver them. The meal consumer must be at home to receive the meal. The driver makes sure the consumer is safe and well, which is the "and more" portion of the program name. The drivers, in my view, are the most popular personnel with the consumers for good reason. The drivers care about them and their well-being, as do we all, but they see the drivers daily.

The Village of Hope, also a division of Mature Resources, is rapidly becoming a reality before our eyes. The first home in the community is a duplex and is completed and was celebrated with a ribbon-cutting ceremony on Thursday, October 20, 2022, afternoon on the property. Residents are expected to move into the duplex in the month of November. The first phase of homes will be completed by year's end with more homes to come in the second phase. The site of the Village of Hope is located along route 322, on Red Oak Road in West Decatur. Call today for more information, (814) 765-2696.

In response to access to primary care, the Susquehanna Wellness Clinic was opened in 2020 in Frenchville and a satellite center opened at 1224 Daisy Street in Clearfield in 2022. Clinic Doctors and Nurses provide home wellness visits and vaccines and boosters to homebound elders. Additional information is available by calling (814) 765-2695.

On June 6, 2022, Mature Resources accepted ownership and management responsibilities for the Dimeling Senior Residence to ensure that the 33 older adults who lived there could remain there and not be relocated. Additional information is available by calling (814) 765-8002.

Also, an Open House was held on August 3rd for folks interested in tours of the renovated building.

The Mature Resources Adult Day Center was also created in 2022 to provide respite services for those older adults in need of direct and usually around the clock care. The Adult Day Care provides personalized attention giving assistance with activities of daily living, socialization, therapeutic recreational activities, and medical monitoring. The center includes a relaxing and stimulating environment called a Snoezelen Room, a multi-sensory room which serves as therapy and relaxation for people living with dementia or anxiety using lighting effects, color, sounds, music, and scents. This is the only therapeutic environment of its kind in Clearfield County. The Adult Day Center is located at 1924 Daisy Street, Clearfield, adjacent to the Clinic. Call (814) 765-2696 for more information.

Last, but certainly not least, is the Clearfield Chamber of Commerce's Award to the Area Agency on Aging named as the Major Employer of the year. When I sent a congratulatory email to our CEO, Kathleen Gillespie, she responded "Thank you, but this award is not mine, it belongs to every employee of this agency. Those are whom make up the culture and ensure that the mission is met every day! I am proud to have been able to accept on their behalf." While I agree that she is correct, I don't know of a single employee who is inadequate in their individual job, each person is excellent in their commitment and dedication in their work for the consumer. However, I don't believe that anyone at the agency would disagree that our CEO is a driven person, passionate and keenly focused on providing food and housing for our consumers in Clearfield County and we follow her lead.

## 2023 Lottery Calendar



Call us to purchase your calendar today.

**Get 365 chances to win for only \$26.00!**

**These calendars make great Christmas gifts!**

**Calendars are already selling FAST!!!**

For more information, call the Clearfield County Area Agency on Aging, Inc. at (814) 765-2696 or (800) 225-8571. You may also scan the QR Code to buy online, or fill out the form below and mail in to:

**CCAAA, 600 Cooper Rd, Curwensville, PA 16833**



Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Requested number: (Please choose more than one incase your first choice is taken.)

\_\_\_\_\_

**calendars @ \$26.00 each = \$ \_\_\_\_\_**

**Thank you to our Sponsors: Clearfield Tire & Auto, LLC., CNB Bank, Pennsylvania Grain Processing, LLC., Kubista, Ryan & Valenza LLP, Self-Publishing Author, Clair Kriner**

SGC06733

Proceeds from calendar sales benefit Clearfield County Centers for Active Living. Thank you for your support and best of luck in 2023!

## Memorial & Honorarium Fund

Winter Lifespan Edition (December 2022)

IN MEMORY OF:

FROM:

BENEFITS:

Kenneth Cook  
Dolores Keth  
Gerald B Reed

Dwayne & Robyn Rhoades  
Steven & Karen Schaffer  
Robert & Paula Holden

Senior Services  
Senior Services  
Senior Services

IN HONOR OF:

Kim Olson

Paul Vantosky & Janet Schack

Senior Services



## Ribbon Cutting for first completed home at Village of Hope celebrates independent living

Donors, local government leaders, and future residents of the Village of Hope celebrated independent living with a ribbon cutting for the first completed homes at the West Decatur, Boggs Township location on October 20.

"This occasion marks the first of about 50 homes at our Village of Hope that will be finished in this phase," said Mature Resources Clearfield County Area Agency on Aging CEO Kathleen Gillespie. "We will have an additional five homes completed by the end of this year, which will be filled by those on a waiting list as soon as they are finished. We will continue to keep that waiting list and meet the needs of our community as new homes are built. This interest shows how great the need is for affordable housing in our area."



Village of Hope is a subsidiary of Mature Resources Clearfield County Area Agency on Aging. It is an intentional and inclusive M.A.G.I.C. Community (multi-ability, multi-generational, inclusive, community) where individuals of all ages and abilities are welcomed and appreciated as unique and important to the overall functioning of the community. With income-based, state of the art housing available for people of all ages and abilities, the mission is to provide homes for people who may need some assistance as an alternative option to traditional assistive living or nursing home environments.

The addition of a Village Hall will come in a future development phase. Centrally located, this facility will provide space for social gatherings, activities, and events such as concerts, BINGO, and more.

Duplexes and single-family homes will both be available as the Village of Hope grows. For more information, visit [www.mrvoh.life](http://www.mrvoh.life) or call 814-765-2696.

Pictured at the Oct. 20, ribbon cutting for the Village of Hope are, left to right, Dallas Kephart, candidate for PA State Representative, 73rd District; Gary Lyons, chamber president and representative of Pennsylvania Grain Processing; Dave Glass, Clearfield County Commissioner; Russel Jackson, Boggs Township supervisor; Sheldon Graham III, Boggs Township supervisor; Kathy Gillespie, CCAAA CEO; John Sobel, Clearfield County Commissioner; Kevin Wain, CNB/Clearfield Chamber; Kim Bloom, Clearfield Chamber director; Andrea Schickling, representative for Senator Wayne Langerholc; Eric White, CNB Bank, and Wilson Fisher, Hess and Fisher Engineering.

## First resident of Village of Hope accepts keys to her new home

The very first person to officially become a resident at the Village of Hope has accepted the keys to her home from Mature Resources Area Agency on Aging (AAA) CEO Kathleen Gillespie. Donna Shaw, of Boggs Township, is eager to move in.

"It's like it's not reality yet. There are just no words. It's so exciting," Donna Shaw said while looking around her newly constructed residence.

Village of Hope a, subsidiary of Mature Resources Clearfield County Area Agency on Aging, is situated on nearly 50 acres in Boggs Township, Clearfield County, in a rural, tranquil setting. It is an inclusive M.A.G.I.C. Community (multi-ability, multi-generational, inclusive, community) where individuals of all ages and abilities are welcomed and appreciated as unique and important to the overall functioning of the community. With income-based pricing, state of the art housing is available for people of all ages and abilities. The mission is to provide an alternate option to traditional assisted living or nursing home environments for people who can live independently but may need some assistance with daily tasks.

Independent living was one of the most appealing qualities offered at VOH for Shaw. She has been living with her son and his family for some time. And while they have a solid family relationship, having a home of her own and the sense of pride that comes with it is something she missed. She said, "It's just a place of my own. I knew I wanted to stay in Boggs Township in my own place, and this fit the bill."

The single level layout is also important to Shaw, who found the stairs in her son's home were becoming more difficult to navigate. "I like that it's all one floor," she said. "I had to go up and down stairs to go to bed or do laundry. One floor will be nice."

Residents like Shaw who like to remain active will enjoy the addition of a Village Hall that will come in a future development phase. Centrally located, this facility will provide space for social gatherings, activities, and events such as concerts, BINGO, and more.

Duplexes and single-family homes will both be available as the Village of Hope grows. For more information, visit [www.mrvoh.life](http://www.mrvoh.life)



Donna Shaw, left, receives the keys to her new home at Village of Hope from Mature Resources CCAAA CEO Kathleen Gillespie. Shaw is the first person to officially become a resident at the VOH following the recent completion of the first homes at the site.

# Mobile pharmacist, alarmed med boxes help seniors manage prescriptions

The team of medical professionals at Susquehanna Wellness Clinic (SWC), an affiliate of the Clearfield County Area Agency on Aging (CCAAA) has implemented a variety of services to assure members of the community are well cared for. In addition to providing in-home visits for patients, same day appointments, and even in-home vaccinations, the clinic also aids individuals who need help managing their prescription medications. Naturally, this service is also provided in-home for area seniors, even if they're not a current patient at the clinic.

Beginning in August of 2021, licensed pharmacist Brenda Weber joined the clinic staff. She, as well as LPN Rebecca Shaffer and Practice Manager Megan Patrick share the duties of visiting clients in their homes and organizing their medication to assure it is being taken properly. Many of the 36 consumers receiving this service in Clearfield County have been provided with alarmed lock boxes. These boxes are routinely filled by clinic staff, who also set or adjust timers on the boxes. When it is time for an individual to take their medication, an alarm sounds to remind them. The compartment with the proper medication and dose for that time of day is then unlocked, allowing only those pills to be accessed.

With Weber's 34 years' experience as a licensed retail pharmacist, 32 of those spent at Clearfield Pharmacy, she also is able to provide prescription consultations for those she serves, as well as for CCAAA care managers who serve clients, and she assists with care transitions for those coming home from a hospital stay with new prescriptions to organize.

However, as Weber reveals, the visits offer much more than just help with organizing medication. She said, "For some of these people it's the only human interaction they get all day long. This, and maybe with their Meals on Wheels and More driver, if they also get meals. And I love interacting with the people. It just makes my day."



**Licensed Pharmacist Brenda Weber fills an alarmed med box that helps client Lois Davis manage her prescriptions. This service is offered through the Susquehanna Wellness Clinic, an affiliate of the Clearfield County Area Agency on Aging (CCAAA). In-home medication management and med boxes that tell you when to take your prescriptions are helping to keep area seniors safe and healthy.**

## Susquehanna Wellness Clinic attracting new patients with exceptional care



**Dr. Baltazar Corcino believes in taking a patient-centered approach to healthcare at the Susquehanna Wellness Clinic.**

The number of patients served by the Susquehanna Wellness Clinic (SWC), an affiliate of the Clearfield County Area Agency on Aging (CCAAA) continues to grow as word spreads about the extraordinary level of care that doctors, nurses, and staff there provide to the community. They are, however, still accepting new patients of all ages, 18 and older.

According to American Family Care the top qualities people look for in a primary care physician are trust, accessibility, caring, and competency. For Dr. Baltazar Corcino, who has practiced at SWC since it first

opened, providing those characteristics in care means taking a traditional approach.

"The practice of medicine has changed a lot over the years, it's become too impersonal and not patient focused, as it should be," Corcino lamented. "Here, we want to make it more like it used to be, with a personal touch, and by really learning about our patients and hearing their concerns."

Corcino graduated from the University of Santo Tomas School of Medicine of the Philippines in 1963, and went on to become the first full-time

emergency room doctor at Clearfield Hospital beginning in 1971.

He's well informed when he speaks of the caring and compassionate approach of days gone by, because he was there. And he advocates bringing that approach, trust, accessibility, and caring back to patients at SWC by offering things like in-home visits for those who are not able to make it into the office due to mobility or transportation issues.

Staff at the SWC also hold regular remote clinics at area senior centers in addition to making house calls. They are currently offering in-home COVID vaccinations, as well.

The SWC does not just serve seniors. Anyone age 18 and over may seek treatment at the clinic, and are welcome to take advantage of all services provided including preventative medicine, healthcare screenings, annual wellness visits, laboratory testing, immunizations, telehealth services, chronic pain management, education, and more. Younger adults may be pleasantly surprised by the experience of visiting a traditional, hometown doctor's office where they can even be treated as a walk-in or make a same-day appointment if a need suddenly arises.

The SWC has locations at 1924 Daisy Street Extension in Clearfield, in the former PennDOT building, as well as 28944 Frenchville Karthaus Highway in Frenchville. To schedule an appointment at either location, call 814-765-2695. For more information, visit <http://www.susqwell.com/>



AREA AGENCY ON AGING  
A Division of Mature Resources

Clearfield County Area Agency on Aging Inc.

600 Cooper Road  
Curwensville, Pennsylvania 16833

Change Service Requested

NONPROFIT ORG.  
U.S. POSTAGE  
PAID  
CLEARFIELD, PA  
PERMIT NO. 272

## LOOKING AHEAD

### 2022/2023 Observed Holidays (offices/centers closed)

DECEMBER 23 & 26

JANUARY 2

FEBRUARY 20

CHRISTMAS HOLIDAY

NEW YEAR'S DAY

PRESIDENT'S DAY

#### Check CCAA out on:

Facebook @ ClearfieldCountyAAA

Twitter @ CountyArea

Linked In

You Tube channel under Clearfield County Area Agency on Aging

#### Check The Village of Hope out on:

Facebook @ <https://www.facebook.com/ourvillageofhope/>

Twitter @ TheVillageofHo1

## CONTACT US

Administrative Offices

814) 765-2696 or

Toll Free

(800) 225-8571

Fax

(814) 765-2760

Protective Services

(814) 765-1365 or (800) 233-0249

Web Page

[www.matureresources.life](http://www.matureresources.life)

Email

[mail@matureresources.life](mailto:mail@matureresources.life)

Would you like to receive your Lifespan by email?

Simply email us at [mail@matureresources.life](mailto:mail@matureresources.life) and let us know! Future issues of Lifespan (four per year) will automatically be emailed to you.