



AREA AGENCY ON AGING
A Division of Mature Resources

Mature Resources Area Agency on Aging

2025-26 Annual Plan
For Services and Budget

Contact: Nathan Knepp
814-765-2696
Prepared July 2025

Mature Resources Area Agency on Aging

Summary of Proposed 2025-26

Service Levels and Budget

Each year, the Agency must budget its expected sources of income and plan how it will serve older consumers in the coming year. The Agency has completed its budget and projected its service levels for the 2025-26 fiscal year. This summary is available to the public.

Introduction

Mature Resources Area Agency on Aging serving Clearfield County is one of the 52 Area Agencies on Aging operating in Pennsylvania. As a private, non-profit corporation, and a 501c3 charitable organization, Mature Resources AAA is under direct contract with the Pennsylvania Department of Aging and has been designated by the Department to plan, pool, and coordinate information and services for older adults in greatest social and economic need. Such activities are for the express purpose of enabling older adults to remain in their own homes for as long as possible at the highest level of functioning possible.

Mission, Vision and Tagline

Mission

The Mature Resources Area Agency on Aging is a charitable, not for profit corporation dedicated to providing a comprehensive array of the highest quality health and human services to residents of Clearfield County. We will accomplish this mission by committing to our guiding principles of integrity, commitment to community, best service, progressive attitudes, professionalism and teamwork, and investment in our employees and volunteers.

Vision

The Mature Resources Area Agency on Aging and its team of staff and volunteers will be widely regarded and consistently ranked as the premier resources, advocate, and coordinator of services and information for residents of Clearfield County.

Tagline

“Enhancing Quality of Life”

Accessing Services

Outreach Service

Mature Resources Area Agency on Aging engages in outreach to the community across multiple platforms including word of mouth, print media, radio, online platforms and television.

Information and Referral (I&R)

Information and referral is AAA's warehouse of information, which helps people find the services they need. People who need information can call or walk in. If AAA does not have the services a person needs, a referral will be made to the place that can help the consumer. The Agency also supports the National 211 service in Clearfield County. 211 can be accessed by

phone, text and email at 211.org. This sophisticated and robust database is available to people of all ages and includes navigators to assist in matching service providers with those in need.

Long Term Living Services

Case Management

Case management can be compared to a life consultant or concierge these professionals listen to the needs people have and assist them in obtaining services, applying for other public benefits, arranging to get services delivered to their homes, and monitoring the progress each person makes because of their engagement in services. In addition, care managers facilitate participation in several evidence-based programs based on individual needs. These programs teach participants strategies to allow for the self-management of chronic medical conditions.

Assessment

Assessment is a process that the care manager uses to gather basic information about each person requesting services. Physical, mental, social, and financial aspects are assessed, as well as the person's living situation. Once eligibility is confirmed, a package of care services is arranged to support the person in their home.

Protective Services Reports of Need, Intake & Investigations

When an older person is experiencing a serious degree of abuse, neglect, exploitation, resistance to help, or isolation, the Older Adult Protective Services Team goes into action to remove the source of abuse and return the person to a safe living situation. The Agency is also able to receive abuse reports for adults (18-59) which are then forwarded to the appropriate investigative agency.

Personal Care

Recipients of this service get hands on help with grooming, bathing, transferring, eating, dressing, routine skin care and other such tasks.

Meals on Wheels and More

People who cannot attend congregate meal sites or prepare a meal for themselves because of illness or other problems can receive nutritious meals provided directly to them at home. This program ensures that seniors receive 1/3 of the recommended daily nutrition they require and provides a visit to ensure they are well. If contact with a consumer is unable to be made, care management staff contact emergency contacts, doctors and hospitals to ensure that a consumer is not inside of their home in need. If no contact can be made, a home visit is complete and in some cases law enforcement is contacted to enter the home to do a wellness check.

Caregiver Support

The needs of caregivers and how they can be empowered to continue to provide care to dependent adults at home is a focus of CSP. Services include assessment and care management, benefits counseling, caregiver education and training, and other types of support. Reimbursement for respite services, home modifications, adaptive devices, and some supplies are available on a cost sharing basis.

Guardianship

A legal process in which an adult or organization is appointed by court to make decisions on behalf of an older adult who has been determined to be incapacitated and unable to make these decisions. Guardianship decisions include the care of a person's residence, health, general care and well-being and finances.

Care Transitions Intervention

The care transitions program helps individuals transition from acute care environments back to their homes and community. This is a 30-day short-term program validated to mitigate the risk of rehospitalization to participants.

Other Support Services

Ombudsman Service

Ombudsmen provide an impartial investigation and advocacy to residents of care facilities and those receiving community-based long-term care and support.

Legal Services

Provide minimal consultation services by an attorney for non-fee generating cases.

Volunteer Services

This program connects people who want to volunteer in rewarding opportunities with a variety of agencies and organizations that can use their help. Volunteers receive ongoing training for skill development in their specialty area.

Farmers Market Vouchers

In cooperation with the Pennsylvania Department of Agriculture, this program gives vouchers for the purchase of Pennsylvania grown produce at farmers' market to those 60 years old or older and meet income guidelines.

Healthy IDEAS (Identifying Depression, Empowering Activities for Seniors)

Healthy IDEAS is an evidence-based disease self-management program for depression that builds on the established client relationship to empower at risk older adults to address depression and symptoms of depression using concepts of behavioral activation theory.

Chronic Pain Self-Management Program

The Chronic Pain Self-Management Program is an evidence-based 6-week self-management class facilitated by trainers designed to guide participants through a process of using different tools and techniques to better self-manage their chronic pain.

Chronic Disease Self-Management Program

The Chronic Pain Self-Management Program is an evidence-based 6-week self-management class facilitated by trainers designed to guide participants through a process of using different tools and techniques to better self-manage their disease.

Diabetes Self-Management Program

The Chronic Pain Self-Management Program is an evidence-based 6-week self-management class facilitated by trainers designed to guide participants through a process of using different tools and techniques to better self-manage their diabetes.

End of Life Planning

End of life planning is conducted to ensure that consumers are able to plan ahead for their end of their life to ensure that what is most important to them, and their family occurs at the end of their life. Our trained counselors can provide information and discuss options available.

Navigation Service

Navigators can guide individuals and their families through the confusing and at times overwhelming world of eldercare and healthcare issues. Expert staff provide information to help navigate through these systems and to provide support when it is needed most.

Home Support Services

Home Support Services aid with light housekeeping services for those individuals who are in need of this service to continue to reside in their home safely.

Person Centered Counseling

Person Centered Counseling provides a critical connection to resources for individuals in the community. Trained counselors assist individuals in the community with accessing public, private, Federal, State and local resources regardless of age, ability level and income.

Transportation Reimbursement

Consumers who travel on ATA buses to medical appointments, food shopping, congregate meal centers, and other necessary places of business can submit receipts for their trips and the AAA can reimburse them for much of the cost of the trips.

Center Services

Congregate Meals provides a nutritious meal served and eaten in the company of neighbors and friends.

Socialization/Recreation/Education are organized activities, social events and educational programs provided at senior centers and other places in the community including local YMCA for Silver Sneakers, Aquacise, Tai Chi, Zumba Gold and Walk with Ease programs.

Health Promotion are programs specifically designed to inform older adults about adopting a healthy lifestyle and monitoring their own health to ensure a higher quality of life in later years. These programs are provided at the centers and at many sites throughout the community. Our centers and other community locations offer a variety of these programs.

- Matter of Balance is an evidence-based program specifically designed to reduce the fear of falling, stop the falling cycle, and increase activity levels among older adults living in the community.
- S.A.I.L. (Stay Active and Independent for Life) is an evidence-based strength, balance and fitness program for older adults. The entire program of activities can help improve strength and balance.
- Healthy Steps in Motion (HSIM) is an exercise program designed for people of all fitness levels. It helps reduce the risk of falling by building body strength, increasing flexibility, and improving balance.
- Healthy Steps for Older Adults (HSOA) is an evidence-based falls prevention program for adults 50 and older. The program is designed to raise fall prevention awareness and knowledge. The program also introduces steps that can be taken to reduce falls and improve overall health and wellbeing.

Planned Service Units 2025-26

Service	Units Planned 2025-26
Information and Referral	2040
Functional Eligibility Determinations	1050
PASRR-EV	47

Protective Services Reports of Need	497
Protective Services Investigations	309
Needs Assessment Tools	234
Needs Assessment Tools - Express	531
Personal Care	21,000 Hours
<i>Contracted Services</i>	2,500
<i>Consumer Reimbursement</i>	18,500
Home Delivered Meals - Total	107,500 Meals
<i>Hot Meals</i>	95,500
<i>Frozen Meals</i>	12,000
Community Health Choices Meals - Total	9,500 Meals
<i>Hot</i>	8,500
<i>Frozen</i>	1,000
Congregate Meals	26565 Meals
Center Visits	7413
Guardianships	6
Caregiver Support Program	61 Families
Transportation Reimbursements	3800
PA MEDI Consumers	1380
Rent/Tax Rebates	192

Farmers Market Vouchers	1557
Volunteers for AAA	60
Volunteer Hours for AAA	4376
Volunteers in VCCC	90
Volunteer Hours for VCCC	12740

Budget 2025-26

Revenues	
Aging Block Grant	
Aging Services Block Grant	\$2,288,563
Family Caregiver	\$160,771
PA MEDI	\$8,560
Nutrition Services Incentive Program	\$65,945
Health and Wellness	\$12,950
PA MEDI additional base	\$5,000
Ombudsman Volunteers & Federal	\$10,550
OPTIONS Services	\$685,301
OPTIONS Services 2	\$317,857
Block Grant Supplement	\$45,918
Protective Services	\$49,043
Protective Services - Personnel	\$45,000
MIPPA	\$17,142
Senior Centers	\$12,625
Total Aging Block Grant	\$3,783,572

Title XIX	
Intake & Referral	\$28,680
PA LINK	\$62,169
Total Title XIX	\$90,849
Program Income	
Client Contribution, Federal	\$34,742
Client Contribution, Local	\$40,617
OPTIONS Cost Sharing	\$343
Total Program Income	\$75,702
Aging Well of PA, LLC - Assessments	\$260,000
Community Health Choices Meals	\$66,450
Local Revenues	\$327,154
Total Income	\$4,603,527

Expenses by Cost Center	
Administration	
Administration	\$274,105
Development	\$11,219
Fundraising	\$56,628
Total Administration	\$341,952
Access	
Information and Referral	\$279,326
Total Access	\$279,326
Long Term Living	
Home Delivered Meals	\$1,394,449
Personal Care	\$298,800
Assessments	\$239,959
Care Management	\$728,121
Total Long Term Living	\$2,661,389
Other Supportive Services	
Caregiver Support	\$88,424

Volunteers	\$46,358
Legal Services	\$3,500
Ombudsman	\$72,935
Protective Services	\$574,559
Home Support	\$22,500
Adult Day Care	\$51,850
Medication Management	\$2,400
Total Other Supportive Services	\$840,025
Center Services	
Congregate Meals	\$222,679
Socialization/Health and Wellness	\$222,423
Total Center Services	\$445,102
Transportation	\$13,233
Total Expenses	\$4,603,527

Percentage of Expenditures

Administration	7.43%
Access	6.07%
Long Term Living	57.81%
Other Support Services	18.74%
Center Services	9.67%
Transportation	0.29%
Total	100%